

试卷音视频总时长：18分40秒

浙江师范大学新生英语水平入学测试样卷

Part I Writing

写作(ID=10875)

1.

Directions: For this part, you are allowed 30 minutes to write a short essay on *How to Spend a Meaningful University Life*. You should write at least 150 words but no more than 200 words.

1. 大学生活的重要性
2. 人们选择不同的方式度过了大学生活
3. 在我看来...

答案:

How to Spend a Meaningful University Life

My dear friends,

Thanks very much for attending the speech. At first, I want to say "welcome to our university". And I really feel honored to be here giving you some guidance on how to spend a meaningful university life. Hopefully, it will help.

As is known to all, university provides you with abundant knowledge in specific fields, shapes enquiring minds and establishes solid foundations for your future development. Even though some students may be surely aware of this, they also lose themselves sometimes. Some may fail in several exams and will not graduate from university on time; some may find a steady job upon graduation, only to be frustrated in life. So, how to live a meaningful university life?

First, you should set up a clear goal, both professionally and personally, to give you a clear picture of the priorities in your university life. Then, take actions. If you want to pursue further studies, pay special attention to all the subjects in your major. And if you just want a job, do research on the qualifications needed for that particular job. What's more, do make several good friends and take part in activities and physical exercises with them. Meanwhile, talking with parents, friends, teachers and even consulting professionals will be helpful to some confusions, frustrations as well as misunderstandings you have at universities.

By setting up goals and striving for them, I wish every one of you a happy and meaningful life here. Again, thanks for your coming!

解析:

此作文是演讲稿，属于应用文写作。并且题目中已经给出提纲，考生需要按照演讲稿的格式写出开篇和结束语，并按照提纲写出大学生活的重要性，怎样定义有意义的大学生活以及我的建议。本文语言规范、地道，结构清晰。作者首先问候听众，指出此次演讲的重要性；在主体部分作者指出大学生活在为学生提供专业知识，培养思维以及建立友谊等方面的重要性；并指出某些学生的大学生活并不尽人意。最后提出自己的建议，在职业和个人规划层面上都要首先明确目标，并为之奋斗；建立友谊，积极参与活动，并及时从父母朋友老师和专业人士那里得到帮助来解决自己遇到的困惑。

Part II Listening Comprehension

Section A

Directions: In this section, you will hear two news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

短篇新闻1(ID=19198337)



[听力文本资源]

Teachers always do their best within the confines of a classroom, but in actual, authentic learning happens outside those four walls during school excursions, says Choi, a native English teacher at a secondary school in Hong Kong.

"Excursions offer valuable hands-on learning opportunities and help students consolidate what they learn at a theoretical level in class," Choi says during the latest edition of EdTalk. "Additionally, every time our students return from their excursions, I observe that they improve socially and emotionally, with better communication and cooperation skills."

She speaks from fresh experiences since her students recently took part in the educational tour. The day trip has been specially designed for young students to help them learn about Macao's rich history, vibrant culture and sustainable practices.

Choi says she is grateful that her students had the opportunity to go on such an interesting tour, which they clearly enjoyed. "They were

excited about the activities they did and I think the tour really helped to arouse their curiosity," she says. "Excursions are truly necessary for students to become well-rounded individuals."

[听力文本资源]

1. [听力文本资源] What does Choi say about school excursions during the latest edition of EdTalk? [听力文本资源]

- A) They help students do their best outside classrooms.
- B) They assist students to enhance their theoretical level. ✓
- C) They teach students to maximize learning opportunities.
- D) They give students chances to learn in an authentic way.

答案: B

2. [听力文本资源] What did Choi's students think about their recent educational tour in Macao? [听力文本资源]

- A) They felt grateful for having the opportunity.
- B) They enjoyed having such an interesting tour. ✓
- C) They were curious about the activities they did.
- D) They found such a specially designed tour helpful.

答案: B

短篇新闻2(ID=19171609)

[听力文本资源]

Waking up just one hour earlier could reduce a person's risk of major depression by 23 percent, suggests a new genetic study published on May 26 in the journal *JAMA Psychiatry*. The study of 840,000 people, by researchers from the University of Colorado Boulder, gives some of the strongest evidence that a person's sleeping habits influence the risk of depression. Depression is one of the biggest "silent killers" of even young and healthy people. The WHO reports that depression affects more than 264 million people worldwide.

Research shows that going to bed one hour earlier and sleeping the same amount lowers the risk of depression by almost a quarter. As more people begin working and attending school remotely in some countries – a trend that has led many to shift to a later sleep schedule – the findings could have important implications.

[听力文本资源]

3. [听力文本资源] What have researchers found out about sleep? [听力文本资源]

- A) Depression does not influence sleep quality.
- B) Loss of sleep is a significant risk factor for obesity.
- C) Good sleeping habits reduce the risk of depression. ✓
- D) Sleeping fewer hours reduces the risk of depression.

答案: C

4. [听力文本资源] What makes people go to bed later? [听力文本资源]

- A) Major depression.
- B) Poor sleep quality.
- C) Too much work or too many assignments.
- D) Working or attending school remotely. ✓

答案: D

Section B

Directions: In this section, you will hear two long conversations. At the end of each conversation, you will hear four questions. Both the conversation and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

长对话1(ID=19169066)

[听力文本资源]

M: With me in the studio today is Ms Jane Logan, author of a new book, *Secrets to Success*. She claims to have uncovered how people achieve success. So Ms Logan, in your book, you claim that successful people have many things in common. For instance, they know their strengths when pursuing a goal.

W: That's right. They also tend to be motivated by a negative or positive life event. They credit their success to having someone in their life who believes in them.

M: You also write that there are a number of different factors related to success. And while successful people are driven to achieve their goals, the ultra-successful have even greater ambition.

W: Yes, greater ambition as well as a burning desire to be the best of the best is also a common characteristic.

M: Right. So those who are determined don't see obstacles as something that prevents success, but mere inconveniences that need to be overcome.

W: Absolutely. Successful people are also optimistic as it is important to stay positive while being aware of obstacles that can deter us from achieving our goals.

M: That's a good point. All too often, people give up at the first hurdle. Would you say, then, that most successful people make it all by themselves?

W: Not exactly. They are usually good at cooperating with people and understanding the needs of others.

M: So people will be willing to help them, I guess.

W: That's correct. And this often leads to a great deal of mutual respect, whether it's with a colleague, an assistant or even a receptionist.

M: Most successful people I know are very passionate about their work. Would you say that passion is the single biggest key to success?

W: Not entirely. There's a prerequisite, that is, you have to work in an environment that nurtures passion. If that exists, success will follow.

[听力文本资源]

5. [听力文本资源] What has the woman revealed in her book? [听力文本资源]

A) Where successful people's strengths come from.

B) Why many people fight so hard for success.

C) How she achieved her life's goal.

D) What makes people successful. ✓

答案: D

解析: 音频中男士向听众介绍女士时说, 女士在自己出版的新书中称揭示了人们是如何取得成功的。也就是说, 女士在书中透露了是什么让人们获得成功。

6. [听力文本资源] What do successful people attribute their achievements to? [听力文本资源]

A) Having someone who has confidence in them. ✓

B) Having someone who is ready to help them.

C) Having a firm belief in their own ability.

D) Having a realistic attitude towards life.

答案: A

解析: 音频中提到, 女士说, 成功人士把自己的成功归功于在生活中有相信他们的人。

7. [听力文本资源] What do successful people do when faced with difficulties? [听力文本资源]

A) They adjust their goals accordingly.

B) They try hard to appear optimistic.

C) They stay positive. ✓

D) They remain calm.

答案: C

解析: 音频中女士提到, 成功人士很乐观, 当意识到有些障碍可能会妨碍到目标的达成时, 保持积极的态度十分重要。

8. [听力文本资源] What is one prerequisite for passion at work according to the woman? [听力文本资源]

A) An understanding leadership.

B) A nurturing environment. ✓

C) Mutual respect among colleagues.

D) Highly cooperative teammates.

答案: B

解析: 音频中男士提到, 他所认识的大多数成功人士都对自己的工作充满激情, 并且问女士激情是否是通往成功的最关键因素。女士在回答中说, 这有一个先决条件, 那就是你必须在一个有助于培养激情的环境中工作。

长对话2(ID=19198911)

[听力文本资源]

W: Did you hear about how AI is revolutionizing healthcare? I read that some hospitals in Beijing are now using AI for physical exams, and it's making a huge difference in patient care.

M: Yeah, I heard about that, too! They're using AI-assisted diagnostics to do things like low-dose CT scans for detecting coronary heart disease and lung tumors. It's amazing how accurate and efficient it's become.

W: Exactly. What's interesting is that this AI system, called "Digital Body", isn't just about diagnosing diseases. It covers the entire process – from disease screening to treatment planning. It's like having a personalized healthcare assistant that knows exactly what you need.

M: That's true, and it's not just in Beijing. The company developing Digital Body has expanded its use to other areas, like Suzhou's Wuzhong district. They've increased CT tests there by four times in just a year. It's crazy to think about how much they've improved efficiency and reduced costs.

W: It's no wonder AI in medical imaging is expected to grow so fast. I read that by 2025, this sector in China could reach 44.2 billion yuan. AI is really driving an upgrade in healthcare services, making everything more precise and patient-friendly.

M: And it's not just imaging. AI is being used in smart surgeries, intelligent pharmacies, and even in developing surgical robots. The combination of software and hardware is what's pushing these innovations forward. It's like we're entering a new era of healthcare.

W: Definitely. But I think we're just scratching the surface of what AI can do in healthcare. As more hospitals adopt these technologies, we're going to see even more personalized and effective treatments.

[听力文本资源]

9. [听力文本资源] What is AI used for in some hospitals in Beijing? [听力文本资源]

- A) Taking care of patients.
- B) Identifying lung cancers.
- C) Lowering dose of CT scans.
- D) Detecting coronary heart diseases. ✓

答案: D

10. [听力文本资源] What do we know about the AI system "Digital Body"? [听力文本资源]

- A) It has improved efficiency and reduced costs of CT tests. ✓
- B) It has been a personalized healthcare assistant to patients.
- C) It has been widely used for treatment planning in Suzhou.
- D) It has increased CT tests in Beijing by four times in a year.

答案: A

11. [听力文本资源] How does AI upgrade healthcare services? [听力文本资源]

- A) By addressing patients' personalized healthcare needs.
- B) By giving patients easier access to healthcare services.
- C) By improving both software and hardware in hospitals.
- D) By making everything more precise and patient-friendly. ✓

答案: D

12. [听力文本资源] Apart from medical imaging, what other use of AI is mentioned by the man? [听力文本资源]

- A) Developing surgical robots. ✓
- B) Speeding up drug discovery.
- C) Providing smart medical training.
- D) Pushing innovations in medical research.

答案: A

Section C

Directions: In this section, you will hear two passages. At the end of each passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A), B), C) and D).

短文理解1(ID=19198184)

[听力文本资源]

Injuries from running are something that some of us will experience at some point. Before putting on your shoes and heading out the door, it's essential to know some injury prevention tips. Dr. Graham offers valuable advice for runners to reduce their risk of injury.

First, wearing proper shoes is crucial. Dr. Graham has observed many injuries caused by ill-fitting shoes. Wearing shoes that are too tight can cause sore spots on your feet, while shoes that are too loose can make you more likely to fall. Make sure you have shoes that suit your feet to provide adequate support.

Second, start slowly and gradually increase your distance to allow your body to adapt. Avoid running too much, especially if you're new to running.

Third, including strength training exercises into your routine can help build muscles and support your joints, making you less likely to get injured. Experienced runners often use special sports tapes to add strength to weak or injured muscles.

Finally, recovery is equally important. Experienced runners use methods like alternating hot and cold baths – two minutes hot and two minutes cold – to recover more quickly. Listen to your body. If you experience troublesome pain, it's OK to take a break. Resting for a day or two allows your body to recover and prevents further injury.

[听力文本资源]

13. [听力文本资源] What is the passage mainly about? [听力文本资源]

- A) Shoe choices for running.
- B) Different running techniques.
- C) Injury prevention tips for runners. ✓

D) The benefits of running long distances.

答案: C

 14. [听力文本资源] What advice does Dr. Graham give to runners to help avoid injuries? [听力文本资源]

A) Run slowly for long distances.

B) Wear soft running shoes for support.

C) Increase distance quickly to add strength.

D) Use strength training exercises to build muscles. ✓

答案: D

 15. [听力文本资源] What does Dr. Graham say about recovery and resting? [听力文本资源]

A) Use special sports tapes.

B) Take hot baths to help fast recovery.

C) Take cold baths to help fast recovery.

D) Take a break when you have troublesome pain. ✓

答案: D

短文理解2(ID=19170784)

 [听力文本资源]

Success means different things for different people. Some may equate it with fame, some with wealth, and some with accomplishments. For me, it means fulfilling one's dreams. Whatever your dreams are, you have a goal there and then focus all your attention on it. Dreams bring you hope and happiness. While you fight to get there, you cry, sweat, complain or even curse, but the joy of harvesting makes you forget all the pain and trouble you have been through.

There are several keys to success. First, your goal must be practical and realistic. This is of utmost importance. If you set your goal too high, chances are that you will never attain it. Next, you have to make a plan on how to achieve it. You can do it in stages. Since the process is quite tough, you need to be diligent, patient and persevering. Even if you come across difficulties or frustrations, try to take them in your stride. You can always tell yourself that there is nothing impossible to overcome. With this will and determination, success is sure to wait for you at the end of the tunnel!

[听力文本资源]

 16. [听力文本资源] What makes people forget the pain they have experienced when trying to achieve their dreams? [听力文本资源]

A) Fame and wealth.

B) Hope and accomplishments.

C) The fight to get there.

D) The joy of harvesting. ✓

答案: D

 17. [听力文本资源] According to the speaker, what is the most important key to success? [听力文本资源]

A) That the goal is practical. ✓

B) That the money is sufficient.

C) That the plan is scientific.

D) That the job is not too difficult.

答案: A

 18. [听力文本资源] What attitude should be adopted toward difficulties or frustrations? [听力文本资源]

A) Do not set goals that are too high.

B) Make several plans to deal with them.

C) Believe yourself in overcoming any difficulties. ✓

D) Believe that success will come eventually.

答案: C

Part III Reading Comprehension

Section A

Directions: In this section, there is a passage with ten blanks. You are required to select one word for each blank from a list of choices given in a word bank before the passage. Read the passage through carefully before making your choices. Each choice in the bank is identified by a letter. Please write down the corresponding letter for each item in the blanks. You may not use any of the words in the bank more than once.

词汇理解 (选词填空) (ID=19178740)

Women who apply for jobs in middle or senior management have a higher success rate than men, according to an employment survey. But of course, far fewer of women apply for these positions. The study by recruitment consultants shows that while one in six men who appear

on interview shortlist get jobs, the figure rises to one in four for women.

Reasons for higher success rates among women are difficult to isolate. One explanation suggested is that if a woman candidate manages to get on a shortlist, then she has probably already proved herself to be an exceptional candidate. When women apply for positions, they tend to be better qualified but are more selective and conservative in their job search. Women tend to research thoroughly before applying for positions or attending interviews. Men, on the other hand, seem to rely on their ability to sell themselves and to convince employers that any shortcomings they have will not prevent them from doing a good job.

In business as a whole, there are a number of factors encouraging the prospect of greater equality in the workforce. Demographic trends suggest that the number of women going into employment is steadily increasing. In addition, a far greater number of women are now passing through higher education, making them better qualified to move into management positions.

- | | | | |
|-------------|-------------|--------------|---------------|
| A) tend | B) rates | C) equality | D) qualified |
| E) apply | F) inclined | G) candidate | H) interview |
| I) traits | J) inherit | K) tendency | L) increasing |
| M) convince | N) sensible | O) selective | |

19. 答案: apply

20. 答案: interview

21. 答案: rates

22. 答案: candidate

23. 答案: selective

24. 答案: tend

25. 答案: convince

26. 答案: equality

27. 答案: increasing

28. 答案: qualified

Section B

Directions: There are two passages in this section. Read the passages carefully and choose the best answer from the four choices marked A), B), C) and D).

仔细阅读1(ID=19178737)

Few parents would say that raising children is easy. For many people, having children can force parents to choose between career and family. Sometimes it associates with finances — sending a child to nursery or hiring a nanny, while others may feel it's better to be a hands-on parent. These days, more and more men are choosing to stay at home to look after their offspring. So why are more dads opting to put their careers on hold?

With more women working outside the home, if the need is there for one parent to stay at home, it could simply come down to who earns more. And with attitudes changing towards a man's role in the family, it seems to be easier for them to enter full-time parenthood. Sadly, many men still face stigma if they choose to raise their child at home. A study found that 51 percent of people thought children were better off if a mother is home and doesn't have a job, while eight percent say the same about a father. But what do parents have to do when they choose to stay with their kids?

In the early stage, a baby is totally dependent on a carer. The changing of nappies, burping after milk and making sure they feed on time are just some of the vital 24-7 activities an infant relies on. But as a child gets older, it can become less about necessity and more about choice. Either parent may remain at home to educate and play with their child to help them develop and grow.

It's a difficult job, with a demanding boss, but it can also be incredibly rewarding for those willing to do it. With attitudes changing towards who should stay at home, maybe more and more fathers will choose to become stay-at-home dads.

29. Why aren't there many parents who would say that raising children is easy?

- A) Because they all face financial problems.
- B) Because raising a baby tests their patience.
- C) Because most of them are hands-on parents.
- D) Because they are forced to make a difficult choice. ✓

答案: D

30. According to Para.2, who would be possible to stay at home to take care of the children?

- A) The parent who is wiser.
- B) The parent who earns less. ✓
- C) The parent who is more patient.

D) The parent who gets practical know-how.

答案: B

31. What is the result of the study in Para.2?

A) It shows that now more women are working outside the home.

B) It shows that it's common for men to enter full-time parenthood.

C) It shows that parents need to make a choice between job and family.

D) It shows that more people thought children were better at home with their mothers. ✓

答案: D

32. What does "carer" mean in Para.3?

A) Those who are cautious.

B) A kind of equipment.

C) Hired baby-sitters.

D) Those who take care of others. ✓

答案: D

33. What will be the possible reason for more fathers to become stay-at-home dads?

A) Having a demanding boss.

B) Changing social attitudes. ✓

C) Being rewarded incredibly.

D) Starting expensive kindergartens.

答案: B

仔细阅读2(ID=19170366)

We live in a world that is fast-paced and most of the time we are caught up in this desire to have what we want when we want it and to take shortcuts in order to continue the fast-paced life.

We have become accustomed to the use of social media instead of calling or visiting someone and we see what is going on in their life via their social media platforms. Social media can be a great tool and keep people connected. However, using them as a replacement for conversation can be dangerous to relationships by making them more distant. We should go and visit our friends in person or at least take the time to make a phone call from time to time.

Online shopping has become a trend because it is a "hassle" to go out and make your purchases in the store, given the huge crowds of other shoppers and endless queues at checkouts. We might be bothered by and tired of waiting to pay. But have you thought about it from a different perspective? Instead of getting frustrated, use this as a time to relax and take a step out of the fast lifestyle that we are caught up in. You might find shopping in person more fulfilling than clicking on the phone to buy stuff.

Flights have become one of the main means of transportation. Although this is very beneficial in regards to saving time, people are still in a rush and want things to move faster than they already do. While on the plane or a long car ride, use this time to think and clear your mind while you enjoy this fast-paced experience with a slow-paced mindset.

We are all tied up in a fast-paced life, but there are things we can do to slow down for a moment in our everyday life. It is important to disconnect from the hurry and appreciate the things around you for a few moments every once in a while. Appreciate life, take some deep breaths, think of the bigger picture and realize that it is OK to step out of the fast-paced society and enjoy a slow moment every now and then, just to savor our life in its very nature.

34. What negative effects do social media have on people's relationships?

A) They could make people's relationship more distant. ✓

B) They could raise misunderstanding between people.

C) They could trigger more arguments.

D) They could create an unfriendly atmosphere.

答案: A

35. What does the word hassle in Para.3 probably mean?

A) Inconvenience. ✓

B) Argument.

C) Developing trend.

D) Joyful habit.

答案: A

36. According to the passage, what is the good side of shopping in person?

A) It feels more fun.

B) It is much safer.

C) It saves more money.

D) It feels more fulfilling. ✓

答案: D

37. What does the author suggest that we do while flying in an airplane?

- A) Look back on our past experiences.
- B) Deal with business that is important.
- C) Slow down and clear our thoughts. ✓
- D) Take a chance to enjoy a long nap.

答案: C

38. Why is it important to find a moment to slow down when we are tied up in a fast-paced life?

- A) Because it helps us better understand our jobs.
- B) Because we can take a good time to relax.
- C) Because that way we can disconnect from the Internet.
- D) Because through this we can savor the nature of life. ✓

答案: D